



St. Michael's Newsletter

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March Calendar

From the Rector: Lenten Cleansing and Renewal

Lent is a time to pare down and focus. On Shrove Tuesday the fat and dairy are used up prior to Ash Wednesday. A leaner diet is expected for forty days. Lenten disciplines of giving up something – alcohol, caffeine, chocolate, snacks, and so on – are done to hone one's attention, specifically toward God, God's grace, and God's mercy. The Eucharistic proper preface for Lent captures the intent: "You bid your faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to fullness of grace which you have prepared for those who love you."

At the Rectory we've been given an extra boost in Lenten practices by means of renovation. During the 1st week of Lent the master bathroom was cleaned out in preparation for a ventilation fan, new fixtures and fresh paint. It is amazing how many expired prescription and over-the-counter medicines one accumulates over the years, not to mention the dust behind the radiator! Paring down, throwing out was a necessity. The same held true in the kitchen. The refrigerator/freezer has been on its last legs for some time. With little thought, we tossed the frozen homemade tomato puree, figuring that if we had not used it in the last five years we weren't going to now. There were seemingly hundreds of other similar items. As of this writing a new fridge and hood for the stove have been installed, and new counter tops as well. The old

vinyl floor has been removed. We are walking on construction paper over the old plywood while we await installation of a new floor. New cupboard doors and painting are still to come. We live with a good portion of kitchen utensils, cutlery, appliances and the like in our dining room. Other repairs include stripping the peeling paint from the radiators and installing new radiator covers, and installing new carpeting in the halls and stairs.

Such paring down and cleansing has been rewarding and hopeful, even with its disruption. The Vestry generously allocated a substantial portion of a the Ellsworth and Elizabeth Humphrey bequest to fund the rectory repairs. We are most thankful.

The rectory renovations are both voluntary and required – some we could have put off, and some had to be done as soon as possible. That they are taking place in this season has given new meaning to Lenten practice and discipline. Trust and perseverance are key words as small surprises are revealed each day.

In Lent, the church walks with Jesus and the disciples toward Jerusalem with trust and perseverance. On this journey we prepare again to celebrate the Paschal mystery, moving through the cross and passion to the joy of Easter. Fervent in prayer and works of mercy, and renewed by God's Word and Sacraments, may we continue on in the renewal and fullness of God's grace.

—Fr. Andrew.

Worship & Music

Evensong, Sunday, March 6 at 5 pm

Please join us for Evensong on Sunday, March 6 at 5 pm, when the music will include a beautiful setting of the Magnificat and Nunc Dimittis by Thomas Morley, and an anthem by Thomas Tallis, "O nata lux de lumine".

The music for Holy Week will include works by Stanford, Vaughan Williams, Goss, and on Good Friday, my setting of the Passion According to John.



Skylark Vocal Ensemble Crossing Over in Concert Friday, March 18 at 8 pm

On Friday, March 18 at 8 pm, St. Michael's will be hosting a very special concert by the vocal ensemble SKYLARK. This group has received high critical acclaim and is on tour to introduce their first CD entitled Crossing Over.

The Skylark Vocal Ensemble is a chamber choir of professional soloists and music educators from across the United States. Formed in 2011 under the direction of Matthew Guard, Skylark has been described as "a gem... soloists who come together to create a dynamic and inspiring whole." Skylark performs innovative programs that communicate truths about the human condition.

The concert is free and open to the public - a free-will collection will be received. This is a rare opportunity to hear this fine ensemble in the excellent acoustics of St. Michael's Church. Please come and bring a friend or three!

— Doug Major, Music Director



HOLY WEEK 2015

- MARCH 20 PALM SUNDAY**
 8:00 am Blessing of the Palms & Holy Eucharist, Rite I

 10:00 am Blessing of the Palms & Holy Eucharist, Rite II and First Communion
- MARCH 23 WEDNESDAY**
 9:30 pm Holy Eucharist, Rite II
- MARCH 24 MAUNDY THURSDAY**
 7:30 pm Holy Eucharist, Rite II
 Stripping of the Altar,
 Begin Prayer Watch
- MARCH 25 GOOD FRIDAY**
 Prayer Watch Continues
 12:00 pm Stations of the Cross followed by Simple Lunch for Children, Families & Friends
 7:30 pm Solemn Good Friday Liturgy: Sung Passion of St. John with Eucharist from Reserved Sacrament
- MARCH 26 HOLY SATURDAY**
 9:00 am Holy Saturday Liturgy (brief liturgy of the Word)
 7:30 pm The Great Vigil, Renewal of Baptismal Vows, and First Eucharist of Easter
- MARCH 5 EASTER SUNDAY**
 8:00 am Feast of the Resurrection— Holy Eucharist, Rite I
 10:00 am Feast of the Resurrection— Holy Eucharist, Rite II

Easter Memorial Flowers

If you wish to have an Easter Flower in memory of a loved one, please submit their names(s) by Friday, March 19th. The flowers are displayed for Easter and the list of names included in service leaflets for the Easter Vigil and Easter Sunday. The suggested donation per listed name is \$20.

Flowers may be taken home following the 10:00 service Easter Sunday. Children are especially invited to take a smaller flower.

Church School & Youth



Church School collected \$669 and 249 items in the Souper Bowl of Caring for the Marblehead Food Pantry.

Church School in February

Church School used a one-room school house model, as we learned about giving to others through our lessons, and through our participation in the Souper Bowl of Caring. Read more about our success below. We also enjoyed other annual traditions here at St. Michael's this past month including the Shrove Tuesday Pancake Supper, and the making of Lenten Pretzels. We look forward to continuing our preparations for Easter in March.

Church School Outreach

Once again St. Michael's Parish participated in the Souperbowl of Caring which is a national effort on Super Bowl Sunday to raise funds and foods for the less fortunate. On behalf of St. Michael's, the youth of our parish collected canned goods and money on February 7th to donate locally to the Marblehead Food Pantry.

Thank you so much for all of your donations! We had an incredible response and collected \$669 and 249 food items! Our group was even featured in an article in the Marblehead Reporter.

March Highlights

In March we will go back to the two classroom model and will prepare the children for the coming of Easter with stories about the Last Supper, Jesus forgiving his enemies, Jesus' death on the cross, and the Mystery of Easter.

We are also looking forward to more of our Lenten annual traditions including weaving Palm crosses. We hope that you will participate with us!



First Communion Class

With the sacrament of Baptism, we are each invited to partake in the Eucharistic Feast. Here at St. Michael's we are offering a special "First Communion" class for elementary school children so that they may deepen their appreciation for the sacrament.

Father Andrew and I began the class on February 25th and look forward to meeting with our group on March 3, 10, and 17th. We look forward to celebrating First Communion on Palm Sunday, March 20th at 10 am.

Supper Club

Our Supper Club group will meet again on Monday, March 7th when we will gather to have fun and fellowship and focus on the life of St. Paul the Apostle (born "Saul"). Thank you to all of our volunteer chefs. We could not do Supper Club without you!

Stations of the Cross

Please join us on Friday, March 25th at noon to participate in the Stations of the Cross. This ceremony will be followed by a light luncheon. Thank you so much to Kelley Callahan and Sue Cool for hosting this meal for us!

Volunteers Needed!

Now is the perfect time to join us as a Church School volunteer if you haven't before. Please consider this worthwhile opportunity to share your gifts, and be part of the children's religious education experience here at St. Michael's. We really need your help!

Please consider volunteering, and sign up on the St. Michael's Sign-Up Genius or contact Kelley at kelly@stmichaels1714.org —Kelley Howells

Upcoming Dates to Remember

Ongoing	Sign-ups for Church School volunteers
	Sunday Child Care at 9:30am
March 3	First Communion Class 3:30-4:30pm
March 6	Church School 9:45am
March 7	Supper Club
March 10	First Communion Class 3:30-4:30pm
March 13	Church School 9:45am
March 17	First Communion Class 3:30-4:30pm
March 20	Palm Sunday Church School 9:45am First Communion 10:00 am
March 24	Maundy Thursday Service 7:30 pm
March 25	Good Friday Stations of the Cross noon followed by simple luncheon
March 27	Easter Sunday No Church School

Church School continued and Parish Outreach



St. Michael Supper Club 2016.

Photos: Kelley Howells

Parishioners

Parishioners in the News

A shout out to the Miller family who have been in the news. A photo of Barbara Miller with the new banner of the Marblehead Female Humane Society was in the *Sunday Boston Globe* North section on February 28th with an article on women's support groups: "Another community finds a need for women's groups" by Christina Bagni. Barbara and Judith O'Leary, also shown in the photo, are co-chairs of the MFHS 200th Anniversary Celebration. The Society was founded in 1816 to aid Marblehead residents in need. Many of the first members of its standing committee were members of St. Michael's including Mrs. Deborah Hinckley, Mrs. Sally Drury (wife of Dr. John Drury), and Mrs. Rebecca Reed.

St. Michael's parishioners have been active with the Society throughout its history. Martha Bessom Gorman wrote a history of the Society in 1987. Today's Directress of the Marblehead Female Humane Society is St. Michael's parishioner Lee Weed.

Tyson Miller, son of Barbara and Bill Miller, was the focus *Marblehead Reporter* article on January 20, 2016: "Marblehead lighting designer gets job in Dubai," by Mary Reines. In his high school and college years Tyson was often behind the lights at the Marblehead Little Theatre, Marblehead Festival of Arts and Marblehead High School. He graduated from Ohio Northern University last June 2015.
—Frances Stith Nilsson

The Rose Garden

When the Footes moved to Marblehead, Harriett began cultivating roses behind the rectory where our 1964 Parish Hall now sits. At Foote's retirement, there were 250 plants moved to their new place in the Devereaux section of Marblehead. This new garden expanded to 4 acres and 1000 plants and became known as The Rose Garden. Harriett applied scientific and organic methods cultivating varieties that had previously not be grown in New England. Pesticides were used as a last resort as she focused on growing healthier plants. She described her methods in *Mrs. Foote's Rose Book*, published in 1948 and still consulted today. Many came, by boat, train and car, to see the garden, and Harriet was consulted in the design of rose gardens from Crane Hill in Ipswich to Dearborn, Michigan.

Henry Lewis Foote and Harriet Risley Foote are buried in Mt. Auburn Cemetery along side Foote's second wife Ellen. Carved on the tombstone is a simple cross with several cut roses seemingly laid at the base.

Dorothy Perkins roses on the fence of The Rose Garden—from Mrs. Foote's Rose Book available online at Hathitrust.org



Henry Lewis Foote, Rector, 1895-1906



*The Rev. Henry Lewis Foote
Photo: St. Michael's Archives*

“Not to be ministered unto but to minister.

To the memory of one whose whole life on earth reflected and helped others to realize the beauty of the life eternal.”—*the Footes' Mt. Auburn gravestone.*

When The Rev. Henry Lewis Foote (1845-1918) arrived in early 1895, St. Michael's had gone through 30 years of growth with enlarged grounds on Summer Street, a rectory, and a new parish house/chapel on land extending to Pleasant Street. This growth was led by able rectors and by laypersons from Ezekial Russell, William Appleton, Richard L. T. Evans, William C. Fabens, Samuel Roads to William D. T. Trefry. Foote's tenure was to see the passing of many of these men with memorials for each placed in the Vestry records. It was a time of transition into a new century.

Henry Lewis Foote was born in Connecticut, the son of The Rev. George Lewis Foote and Minerva Tuttle. His older brother George and two of his brothers-in-law all were Episcopal priests, and one a bishop. Henry Lewis Foote graduated from General Theological Seminary and was ordained a deacon in June 1868. Shortly after, he headed west to work under his brothers-in-law, Daniel Sylvester Tuttle, newly elected Bishop of Montana, Utah and Idaho, in Salt Lake City, and The Rev. William Miller in Boise, Idaho. In September 1869 Bishop Tuttle received Foote as priest in Boise. Sadly his wife of one year, Christina Carr died 3 days later having suffered from painful rheumatism.

Foote spent 9 more years in the west, in San Francisco, at St. John's, Stockton, California, where he married Ellen M. Wiggins, and lastly two years at St. Peter's Church, Carson City, Nevada. Then in 1878 the couple moved back east to Clinton, Massachusetts when Foote was called as the first settled minister of the Church of the Good Shepherd.

Foote became Rector of St. Paul's in Holyoke, Mass., serving 1881-1891. While there he served on the Diocesan Board of Missions and on the Executive Committee for the Centennial Celebration of the Diocese of Massachusetts where early colonial churches were represented. Sadness again came in 1889 with the illness and death of his wife Ellen. Two years later Foote again married and he and Harriet Risley Foote (1863-1951) joined with other Foote family members in St. Joseph, Missouri, where Daniel Tuttle was now Bishop. Then St. Michael's call enabled a return to the East.

Foote was experienced in organizing churches and immediately clarified job responsibilities on the Vestry. And soon his wife Harriet's interests became evident with the establishment of Flower Sunday on the last Sunday in August. This was a day of thanksgiving for the “delights and blessings of the summer” with flowers gathered from gardens and placed throughout the church. (Marblehead Messenger, August 28, 1903). Later Foote served as president of the Marblehead Tree Protection Association battling an infestation of gypsy moths. Foote's scrapbook shows his participation in civic activities, advocating as a YMCA Board member for a pool table at the Y, holding a joint Thanksgiving service with other Protestant churches, and preaching one of the annual sermons for the Marblehead Female Humane Society.

When Foote arrived at St. Michael's there was a debt of \$5000 from the construction of the new Parish Hall. The Vestry tried various activities to raise funds, but by 1903 only \$400 had been paid. Two anonymous gentlemen offered to pay \$3500 of the remaining \$4600 if the parish paid the rest and raised the rector's salary. A week later funds were pledged and the debt paid. The year was to end sadly, though, with the first of several deaths.

The first came in November 1903 with the death of William Fabens, clerk since 1891 when Samuel Roads went to Washington, D.C. Samuel Roads, back on the Vestry in 1899, became clerk again. Then Roads became ill and died in January 1904 followed by former warden Richard D.T. Evans in March, 1904. Roads memorial ends the 1833—1904 Vestry Records volume.

Foote continued as rector until 1906 when illness forced him to resign. He and his wife settled in Marblehead from which Foote would sometimes travel to visit or serve with friends and relatives in Missouri and California. When he died in 1918, his wife Harriett established an annual prize for a theology student at her alma mater Smith, and later a prize in botany in memory of her mother. While few remember Henry Lewis Foote today, many still remember Harriet Foote's Rose Garden. See a related article on page 4.

March

**Francie King at St. Catherine's Guild
Thursday, March 3
at 6:30 pm**



St. Catherine's Guild will hold its next dinner meeting on Thursday, March 3rd at 6:30 p.m. in the Parish Hall.

In honor of Women's History Month, Francie King the guest speaker will talk about the value of memories, memoirs, and personal history, with examples to share with the members and guests. Ms. King is a senior writer/editor at Boston University and a member of the Association of Personal Historian. She has her own personal biography business HistoryKeep and lives her in Marblehead.

All women in the parish who are interested in exploring the idea of writing a memoir are invited to attend along with the members of St. Catherine's to hear her talk. If you know of anyone who would be interested in hearing this presentation please feel free to bring them.

Please let Jenny Oliveira know ASAP if you are coming for dinner which includes baked cod, green beans, baked potatoes and vanilla pudding. Dinner is \$4. Members also donate \$5 monthly to support a child in Haiti.

The dinner committee—Deirdre Robbins, Lesley Tracy, Ellie Doyle, Margaret Withum, Renee Conly, Louise Hunt, Harriet Diamond and others look forward to seeing you on March 3rd.

- Marilyn Day, Guild President

**St. Michael's Episcopal Church
Marblehead, Massachusetts**

Our Mission is to seek transformation in God's grace by worshipping God in prayer, song, and study; loving and serving our neighbor in and outside our parish Community; and being good stewards of God's creation.

St. Michael's Thrift Shop

March 13 brings the return of Day Light Savings Time!

March 27 brings EASTER!

March, in general, brings an opportunity to donate small, CLEAN appliances such as toasters, irons, blenders, mixers in perfect working condition, with accompanying instructions as a bonus. Please, nothing with electrical problems!

The Thrift Shop continues to appreciate your Spring clothing, shoes and decorative donations.

Thank you! Please visit us, Tuesday to Saturday, 1 to 4PM. Love to see you!

P.S. Thank you all for helping to clean out after our winter sale.

—Liz Grader

Lenten Wednesday Evenings

March 2

March 9

March 16

6:30 Supper Ending at 8:00 PM

Who knew there were so many types and methods of prayer! Our first sessions, co-led by Father Andrew and Annette Nicolas, have explored five traditional varieties of prayer: adoration, thanksgiving, confession, intercession and petition. You can find examples of each of these in the psalms.

We are beginning to touch and try out different methods: Ignatian meditation (www.ignatianspirituality.com), centering prayer, *lectio divina*, praying with mantras, and the daily office of *The Book of Common Prayer*. What effect does chanting have on prayer?

Come join us on Wednesday nights at 6:30 pm for a light supper and learn more about conversing with God. While our topics are based on Margaret Guenther's book *The Practice of Prayer*, you don't need to read it.





ST. MICHAEL'S EPISCOPAL CHURCH
 26 Pleasant Street
 Marblehead, MA 01945-3432
 Phone: 781/631-0657
 Fax: 781/639-2866
 E-mail: office@stmichaels1714.org
 Web: www.stmichaels1714.org

Photo: Ulrike Welsch

St. Michael's Church

Officers: Stephen Clay, Sr. Warden
 Karin McCarthy, Jr. Warden
 Sue Cool, Clerk
 Diane Christian, Treasurer
 Kristin Carlson, Asst. Treasurer

Vestry: Sarah Bates, Kelley Callahan, Ellie Doyle, Brian Fizer, Rory Gaunt, Justin Hintlian, William Miller, Octavia Moniz, Jennifer Davis Oliveira.

Delegates for Convention:
 Brian Fizer, Denise Shea

Deanery Delegates:
 Brian Fizer, Frances Nilsson,
 Denise Shea

Staff: The Rev. Andrew J. Stoessel, Rector
 Dr. Douglas Major, Music Director
 Kelley Howells, Christian Education Director
 Jane Maihos, Parish Administrator
 Jennifer Hill, Sexton

Holy Week

MARCH 20 PALM SUNDAY

8:00 am Blessing of the Palms & Holy Eucharist, Rite I
 10:00 am Blessing of the Palms & Holy Eucharist, Rite II

MARCH 23 HOLY WEDNESDAY

9:30 am Holy Eucharist, Rite II

MARCH 24 MAUNDY THURSDAY

7:30 pm Holy Eucharist, Foot Washing,
 Stripping of the Altar and Prayer Watch

MARCH 25 GOOD FRIDAY

12:00 pm Stations of the Cross
 followed by Children's Lunch
 7:30 pm Solemn Good Friday Liturgy
 with sung Passion According to St. John

MARCH 26 HOLY SATURDAY

7:30 pm The Great Vigil, Holy Baptism and
 the First Eucharist of Easter

MARCH 27 EASTER SUNDAY, THE DAY OF THE RESURRECTION

8:00 am Holy Eucharist, Rite I with music
 10:00 am Festal Eucharist, Rite II

March 2016



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 11:00 am Prayer Shawl Ministry 3:30 pm Youth Choir 5:00 pm MyBrother's Table in Lynn	2 9:30 am Holy Eucharist 10:30 am Bible Study 11:45 am Church Staff 6:30 pm Lenten Program 8:00 pm AA	3 3:30 pm First Communion Class 6:30 pm St. Catherine's 7:30 pm Adult Choir	4 11:00 am Wisdom & Friendship	5
4TH SUNDAY IN LENT 6 8:00 am Holy Eucharist, Rite I 9:30 am Child Care 9:45 am Church School 10:00 am Holy Eucharist, Rite II 5:00 pm Evensong & Benediction	7 6:00 pm Supper Club	8 11:00 am Prayer Shawl Ministry 3:30 pm Youth Choir	9 9:30 am Holy Eucharist 10:30 am Bible Study 11:45 am Church Staff 6:30 pm Lenten Program 8:00 pm AA	10 3:30 pm First Communion Class 7:30 pm Adult Choir	11	12 St. Michael's Team at Lifebridge Pam Oppelt & Valerie Wyckoff Co-Captains
5TH SUNDAY IN LENT 13 <i>Turn Clocks Forward 1 Hour</i> 8:00 am Holy Eucharist, Rite I 9:00 am Historic Church 9:30 am Child Care 9:45 pm Church School 10:00 am Holy Eucharist, Rite II	14	15 11:00 am Prayer Shawl Ministry 3:30 pm Youth Choir	16 9:30 am Holy Eucharist 10:30 am Bible Study 11:45 am Church Staff 6:30 pm Lenten Program 8:00 pm AA	17 3:30 pm First Communion Class 7:30 pm Adult Choir	18 11:00 am Wisdom & Friendship 8:30 pm Skylark Concert	19 <i>Newsletter Deadline</i>
PALM SUNDAY 20 THE DAY OF THE PASSION 8:00 am Holy Eucharist, Rite I. Blessing of the Palms 9:30 am Child Care 9:45 am Church School 10:00 am Liturgy of the Palms, Holy Eucharist, Rite II and First Communion	21	22 11:00 am Prayer Shawl Ministry 3:30 pm Youth Choir	23 9:30 am Holy Eucharist 10:30 am Bible Study 11:45 am Church Staff 7:30 pm Adult Choir 8:00 pm AA (Parish Hall)	MAUNDY THURSDAY 24 7:30 pm Holy Eucharist Rite II, Foot Washing, Stripping of the Altar, Prayer Watch Begins	GOOD FRIDAY 25 12:00 pm Stations of the Cross followed by Children's Lunch 7:30 pm Good Friday Liturgy	HOLY SATURDAY 26 9:00 am The Liturgy of the Word 7:30 pm The Great Vigil of Easter
EASTER DAY 27 THE DAY OF THE RESURRECTION 8:00 am Holy Eucharist, Rite I 9:30 am Child Care No Church School 10:00 am Festal Eucharist, Rite II	28	29 11:00 am Prayer Shawl Ministry 3:30 pm Youth Choir 7:00 pm Vestry	30 9:30 am Holy Eucharist 10:30 am Bible Study 11:45 am Church Staff 8:00 pm AA	31 7:30 pm Adult Choir	<i>Office Hours Monday - Friday 8:30 am - 12:30 pm</i>	<i>Thrift Shop Hours Tuesday-Saturday 1pm - 4 pm</i>